

Email : principalkpeslcd@rediffmail.com  
kpeslaw@gmail.com

Estd : 1975

Phone No. : 0836 2790945



KARNATAKA PROGRESSIVE EDUCATION SOCIETY'S

**Dr. G.M.PATIL LAW COLLEGE**

NEAR TAHASHILDAR OFFICE, D. C. COMPOUND, DHARWAD - 580001

Affiliated to Karnataka State Law University, Hubballi.

Recognised By Bar Council of India, New Delhi.


Approved by Government of Karnataka.



Website:www.kpes.org.in

1.2.2. Students undertaken Add on /Certificate programs offered during the year 2023-24

Sl. No.	Add-on Course	No. of Students Participated	Page No.
1.	Basic Computer	11	1-16
2.	Legal Language Skills	22	1-8
3.	Yoga	13	1-13
4.	Communication Skills and personality development	22	1-10

  
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Date: 25/05/2024

### Notice to Student

The students are hereby informed that the college has decided to conduct add-on-course on Yoga. It would be very useful to the students in overall well being and to maintain healthy life. The course would be free for students and course would be for 30 hours.

Interested students shall register with the Add-On-Course Coordinator Dr. Vidya S. Shettemmanavar on or before 03/06/2024. The course would start from 03/07/2024.

### Time table 03/06/2024 to 11/07/2024

Day	Time
Monday	5.15-6.15pm
Tuesday	5.15-6.15pm
Wednesday	5.15-6.15pm
Thursday	5.15-6.15pm
Friday	5.15-6.15pm
Saturday	5.15-6.15pm

Course Teacher for Yoga: Smt. Savitri S. S.

Place: Dharwad

Principal  
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### **Resource person of Yoga Course**

**Smt. Savitri Shettemmanavar,**

National Yoga Referee.

- Presently Secretary of Dharwad Zilla Yoga Association, Dharwad.

### **ACADEMICPROFILE**

- M.Sc.inYogaSciencefromAnnamalaiUniversityin2021-22
- Completed Diploma of National Referee Grade-B exam in 2022 with Reg. No. YFI/NYR/1014/202.
- Completed Diploma of National yoga Referee Grade-C exam conducted by Yoga Federation of India in 2018 Reg. No. YFI/NYR/1014/2018 at Shri. B. M. Kankanwadi Ayurveda Mahavidyalaya, KLE Academy of higher educationand Research, Belguam.
- Cleared the Yogasana Referee examination conducted by Karnataka State Amature Yoga Sports Association (R) in2016.
- P.G.Diploma inYoga studies from Karnataka University, Dharwad in 2006.
- Bachelor of Commerce from Karnataka University, Dharwad in 2004.

### **PROFESSIONAL EXPERIENCE**

- Worked as part time lecture of ACPRS Dr. R. D. Ranade College of Yogic Science and Research, Hindwadi Belgaum in 2006-2007.
- Worked as Yoga teacher in Kendriya Vidyalaya, Dharwad in 2017-2018.
- Conducted Yoga sessions for general public for the period of 1month in Ayurveda hospital as a part of 'KLE Ayur Yoga' training programme.

### **Participation and organization of Workshops**

- Participated in workshop for 'Personality for Youth' organized at Kannada Department Dr. R. C. Hiremath Vishwaniketan, Karnatak University Dharwad.
- Participated in Vocational 'Workshop for Yoga teachers' in October 2002 in Dharwad.
- Organized 15 days workshop for 8th and 9th students in Government High School, Belgaum in 2004.
- Participated in Yoga workshop on 'Patanjali Yoga its Philosophy and practice' in March 2005 organized by department of Yoga studies, Karnataka University, Dharwad from 28th to 31stMarch 2005.
- Participated in Vocational Yoga Camp organized by cultural, Natural and Yoga Studies Department, Karnataka Arts College, Dharwad in June 2005.
- Participated in Yoga workshop on 'Pathanjali Yoga its Philosophy and practice' in March 2005 organized by Karnataka University, Dharwad.

**Prizes secured in various International, National and State level competitions**

- Participated in Yoga competition organized by Shivayogi Jatra Utsav, Dharwad and secured 2nd place.
- Participated in 13th South India Yoga Federation and secured 1st place organized by SGS International Yoga Foundation College and Research Centre Bangalore.
- Participated and awarded 4th place in the competition organized by Swami Vivekananda Yoga Anusandhan Samstana, Himalaya Yoga Olympaid, Bangalore on 02/3/2003 at Kalamandir, Belgaum under the sponsorship of SGSIYF and Belgaum District Yoga Association.
- Participated in 23rd State Yogasana Competition organized by SGS International Yoga Foundation Bangalore in September 2003 and secured 6<sup>th</sup> place.
- Selected as 'UNIVERSITY BLUE' in the year 2003-2004 competition was held at Bhagalpur, Bihar.
- Secured 3rd position in competition organized by Shree Murugamath in 2005.
- Secured 1<sup>st</sup> place and won gold Medal in Karnataka state Championship in 2006.
- Secured 3<sup>rd</sup> place in 2007 in Open state level yoga competition held at Mangalore.
- Participated in 29th Karnataka State yoga Championship in 2009 and secured 5th place organized by AVOPA Birds Yoga Shikshana Kuteer, Bellary.
- Participated in 35th National Championship and secured 6th place, organized by Goa Yoga Association in 2010.
- Participated in 29th Karnataka State Yoga Championship in 2010 and secured 2nd place organized by Rotary Bangalore, Banashankari, Bangalore.
- Participated in 35th Karnataka state Yogasana Championship in 2015 and secured 1st place organized by Karnataka State Amateur Yoga Sports Association, Doddaballapur.
- Secured 1st place in 13th South India open Yogasana Championship in 2015.
- Secured 1st prize in 35th Karnataka State Yogasana Championship 2016 in 25-35 women's category.
- Secured 3<sup>rd</sup> prize in 36<sup>th</sup> Karnataka state Yogasana Championship in 2016.
- Secured 1st place in Karnataka state Amature Yogasana sports championship continuously for 3 years from 2020-2022.
- Secured 3rd place in national Yogasana championship by yoga Federation of India in the year 2021.
- Secured 3<sup>rd</sup> place in International level Yogasana photo contestoga competition in 2021.
- Successfully participated in Bhramari pranayama competition organized by International Naturopathy organization. Surya foundation in collaboration with Murarji Desai vocational institute of yoga and vocational institute of Naturopathy ministry of AYUSH Government of India on occasion of International yoga day 2021. SECURED FIRST in Karnataka state in which 32 states participated with more than 25,000 participants.

*Gold*

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### PHOTOS OF ADD-ON COURSE ON YOGA



Photo 1: Students practicing Vrksasana in yoga class

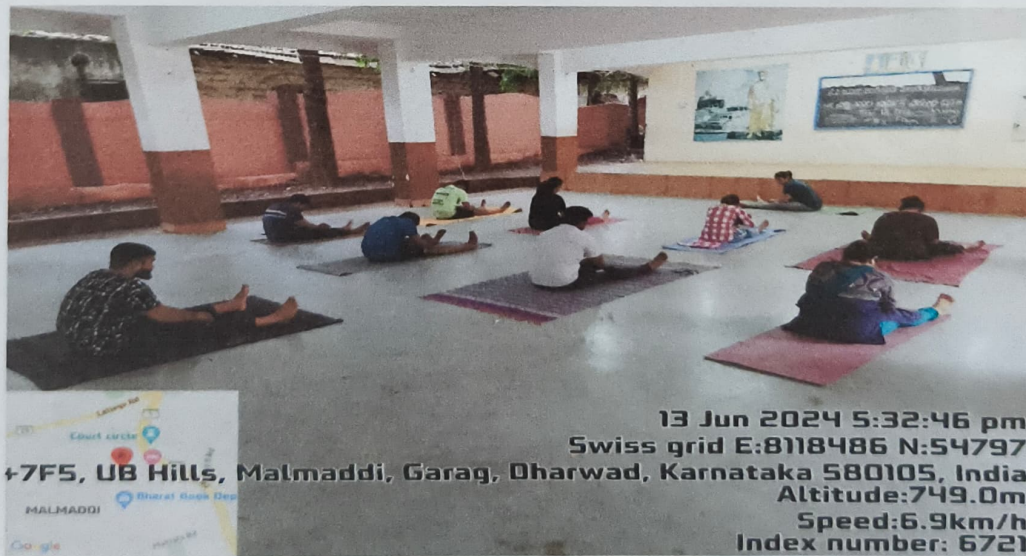


Photo 2: Students attending yoga class with dedication

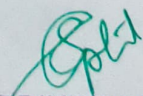
  
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Photo 3: Students practicing yoga in library because of bad weather in open space

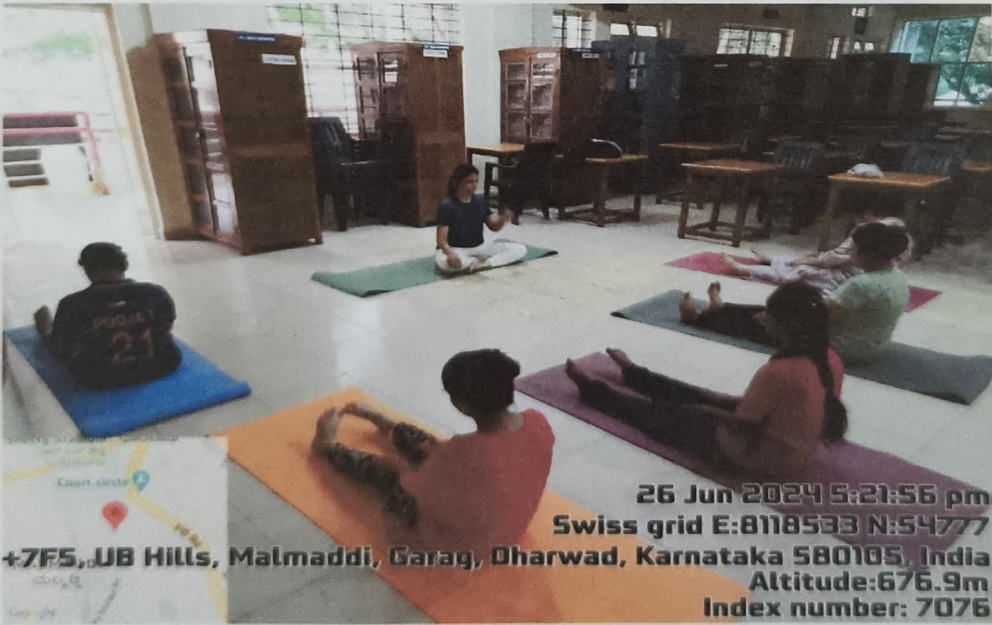


Photo 4: Yoga teacher explaining the correct posture of the asana

*[Handwritten Signature]*  
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Karnataka Progressive Education Society's  
**Dr. G. M. Patil Law College**



Dharwad, Karnataka

Affiliated to Karnataka State Law University, Hubballi

**Add-on-Course on Yoga**

**Certificate of Completion**

This is to certify that Mr/Mrs Basumma M Malgiti of

IV Sem has completed the Add-on-Course on Yoga Organized by K.P.E.S's Dr. G. M. Patil

Law College, Dharwad held from 10 June to 20 July, 2024.

Course Teacher

Shri Sanjeev G. Patil  
Principal



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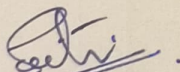
**Add-on-Course on Yoga**

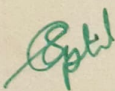
*Certificate of Completion*

This is to certify that Mr/Mrs Narayan Illiger of

IV Sem has completed the Add-on-Course on Yoga Organized by K.P.E.S's Dr. G. M. Patil

Law College, Dharwad held from 10 June to 20 July, 2024.

  
Course Teacher

  
Shri Sanjeev G. Patil  
Principal



(2)

KPES Dr. G.M.Patil Law College, Dharwad.

Feedback Form on Yoga Course

Date: 20/7/24

Name : Pooja . K . Navali

Semester : IV Sem Mobile No : 7411332909

Email-Id: -

Name of the Instructor:

Smt.Savitri S. S., National Yoga Referee  
OmSwayam Yoga, Dharwad.

1. Was the Yoga course beneficial for you?

a) Yes                      b) No

2. Did the Course helped you to understand importance of yoga on your mind and body?

a) Yes                      b) No

3. Did you feel the Instructor was knowledgeable?

a) Yes                      b) No

4. Was the Instructor flexible and adoptive?

a) Yes                      b) No

5. Whether all the instructions given by the Instructor were clear?

a) Yes                      b) No

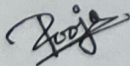
6. The Instructor was very well organised.

a) Yes                      b) No

7. The Instructor was responsive and cleared all your doubts.

a) Yes                      b) No

8. Suggested if any : Course should be continued for the  
through out the year



Signature of the Student

  
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Feedback Form on Yoga Course

Date: 20/07/2024

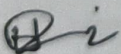
Name : NARAYAN. R. ILIGER

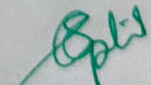
Semester : IV Mobile No : 81500 81621

Email-Id: narayaniliger9035@gmail.com

Name of the Instructor:  
Smt.Savitri S. S., National Yoga Referee  
OmSwayam Yoga, Dharwad.

- 1. Was the Yoga course beneficial for you?  
a)  Yes                      b)  No
- 2. Did the Course helped you to understand importance of yoga on your mind and body?  
a)  Yes                      b)  No
- 3. Did you feel the Instructor was knowledgeable?  
a)  Yes                      b)  No
- 4. Was the Instructor flexible and adoptive?  
a)  Yes                      b)  No
- 5. Whether all the instructions given by the Instructor were clear?  
a)  Yes                      b)  No
- 6. The Instructor was very well organised.  
a)  Yes                      b)  No
- 7. The Instructor was responsive and cleared all your doubts.  
a)  Yes                      b)  No
- 8. Suggested if any : Still more Exercises must be done.

  
Signature of the Student

  
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Feedback Form on Yoga Course

Date: 20/7/2024

Name : Basamma M. Malgith

Semester : V Mobile No : 7038345701

Email-Id: basammamalgith478@gmail.com

Name of the Instructor:

Smt.Savitri S. S., National Yoga Referee

OmSwayam Yoga, Dharwad.

1. Was the Yoga course beneficial for you?

a)  Yes b)  No

2. Did the Course helped you to understand importance of yoga on your mind and body?

a)  Yes b)  No

3. Did you feel the Instructor was knowledgeable?

a)  Yes b)  No

4. Was the Instructor flexible and adoptive?

a)  Yes b)  No

5. Whether all the instructions given by the Instructor were clear?

a)  Yes b)  No

6. The Instructor was very well organised.

a)  Yes b)  No

7. The Instructor was responsive and cleared all your doubts.

a)  Yes b)  No

8. Suggested if any : Need more classes

Basamma  
Signature of the Student

Basamma  
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# Add-on course on Yoga.

D	D	M	M	Y	Y

1.	Narayan Iliger	IV Sem	81500 81621
2.	Vanadri D.H	II Sem	7338661770
3.	Pooveen	IV Sem	7338672369
4.	Lalsab	IV	8549034204
5.	Yamnor	IV	
6.	Mohd Graves	IV	9620798594
7.	M M Shaikh	IV	9632372458
8.	Kianjunath. Malladi	IV	9902775356
9.	Naazneen	IV	7411704889
10.	Preeti	IV	7204255520
11.	Pooja Toragall	VI	9916695807
12.	Vidya B.K	IV	9620716457
13.	Sunil Tarihal	VI	8806019523
14.	Praveen Kumar	VI	8880443263
15.	Shri dewi pattr	VI	9110842285
16.			

Add-on Course on Yoga 2023-24 ATTENDANCE

REGISTER

Sl. No.	Roll No.	Student's Name (Surname, Name and Father's Name)	June																												Number of days Present	Number of days Absent	Progress							
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				29	30	31				
1		Narayan Iliger	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A							
2		Vanaderi D.H.																																						
3		Pooja Toragall	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A						
4		Preeti Bissaddi	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A					
5		Lalsab Mullo	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A					
6		MD Gous.	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A					
7		Prateeks Kerur	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A					
8		NAAZNEEN	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A				
9		Smidivi Jatter	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A				
10		Pooja Navali	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A				
11		Annapurna Jakeraddi	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A			
12		Praveenkumar	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A			
13		Sunil Tarihal	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A			

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### Summary Report on Add-on Course

As per the decision taken by college Management and Add-on course committee the following Add-on Courses were conducted successfully for the Academic year 2023-24.

Each add-on programme was conducted for 30 hours. The curriculum content is separately framed for each course. The students of different semester are permitted to enroll add on courses of their choice. For the academic year 2023-24, there were 4 add-on courses. During the odd semester 02 add-on courses were conducted and other 02 add-on courses were conducted during even semester. Certificate of completion is given to students only those who attend 90% of classes engaged. Majority of the student participants expressed their gratitude to the Institution for having conducted these value based courses without imposing any fees on them. On attending yoga course students could maintain their health and also helped them in their overall development.

The overall content of respective courses enabled students to excel in different areas and students' confidence level has changed after attending the course. Of the overall percentage of the students participation in different add on courses is more than 80% as against the ceiling limit of intake. The financial burden was supported by our esteemed Management.

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