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KARNATAKA PROGRESSIVE EDUCATION SOCIETY'S  
**Dr. G.M.PATIL LAW COLLEGE**

NEAR TAHASHILDAR OFFICE, D. C. COMPOUND, DHARWAD - 580001

Affiliated to Karnataka State Law University, Hubballi.  
Recognised By Bar Council of India, New Delhi.  
Approved by Government of Karnataka.





Date: 18-6-2022

## Notice

It is hereby informed that the college has decided to celebrate 'International Yoga Day' on 21-06-2022 at 9.00 am. All the students and staff are directed to attend the same.

Place: Dharwad

  
Principal

  
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## Resource person of Yoga Course

**Smt. Savitri Shettemmanavar,**

National Yoga Referee.

- Presently Secretary of Dharwad Zilla Yoga Association, Dharwad.

## ACADEMIC PROFILE

- M.Sc.in Yoga Science from Annamalai University in 2021-22
- Completed Diploma of National Referee Grade-B exam in 2022 with Reg. No. YFI/NYR/1014/202.
- Completed Diploma of National yoga Referee Grade-C exam conducted by Yoga Federation of India in 2018 Reg. No. YFI/NYR/1014/2018 at Shri. B. M. Kankanwadi Ayurveda Mahavidyalaya, KLE Academy of higher education and Research, Belgaum.
- Cleared the Yogasana Referee examination conducted by Karnataka State Amature Yoga Sports Association (R) in 2016.
- P. G. Diploma in Yoga studies from Karnataka University, Dharwad in 2006.
- Bachelor of Commerce from Karnataka University, Dharwad in 2004.

## PROFESSIONAL EXPERIENCE

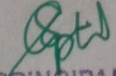
- Worked as part time lecture of ACPRS Dr. R. D. Ranade College of Yogic Science and Research, Hindwadi Belgaum in 2006-2007.
- Worked as Yoga teacher in Kendriya Vidyalaya, Dharwad in 2017-2018.
- Conducted Yoga sessions for general public for the period of 1 month in Ayurveda hospital as a part of 'KLE Ayur Yoga' training programme.

## Participation and organization of Workshops

- Participated in workshop for 'Personality for Youth' organized at Kannada Department Dr. R. C. Hiremath Vishwaniketan, Karnatak University Dharwad.
- Participated in Vocational 'Workshop for Yoga teachers' in October 2002 in Dharwad.
- Organized 15 days workshop for 8th and 9th students in Government High School, Belgaum in 2004.
- Participated in Yoga workshop on 'Patanjali Yoga its Philosophy and practice' in March 2005 organized by department of Yoga studies, Karnataka University, Dharwad from 28th to 31st March 2005.
- Participated in Vocational Yoga Camp organized by cultural, Natural and Yoga Studies Department, Karnataka Arts College, Dharwad in June 2005.
- Participated in Yoga workshop on 'Pathanjali Yoga its Philosophy and practice' in March 2005 organized by Karnataka University, Dharwad.

## Prizes secured in various International, National and State level competitions

- Participated in Yoga competition organized by Shivayogi Jatra Utsav, Dharwad and secured 2nd place.
- Participated in 13th South India Yoga Federation and secured 1st place organized by SGS International Yoga Foundation College and Research Centre Bangalore.
- Participated and awarded 4th place in the competition organized by Swami Vivekananda

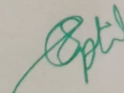
  
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Yoga Anusandhan Samstana, Himalaya Yoga Olympaid, Bangalore on 02/3/2003 at Kalamandir, Belgaum under the sponsorship of SGSIYF and Belgaum District Yoga Association.

- Participated in 23rd State Yogasana Competition organized by SGS International Yoga Foundation Bangalore in September 2003 and secured 6th place.
- Selected as 'UNIVERSITY BLUE' in the year 2003-2004 competition was held at Bhagalpur, Bihar.
- Secured 3rd position in competition organized by Shree Murugamath in 2005.
- Secured 1st place and won gold Medal in Karnataka state Championship in 2006.
- Secured 3rd place in 2007 in Open state level yoga competition held at Mangalore.
- Participated in 29th Karnataka State yoga Championship in 2009 and secured 5th place organized by AVOPA Birds Yoga Shikshana Kuteer, Bellary.
- Participated in 35th National Championship and secured 6th place, organized by Goa Yoga Association in 2010.
- Participated in 29th Karnataka State Yoga Championship in 2010 and secured 2nd place organized by Rotary Bangalore, Banashankari, Bangalore.
- Participated in 35th Karnataka state Yogasana Championship in 2015 and secured 1st place organized by Karnataka State Amateur Yoga Sports Association, Doddaballapur.
- Secured 1st place in 13th South India open Yogasana Championship in 2015.
- Secured 1st prize in 35th Karnataka State Yogasana Championship 2016 in 25-35 women's category.
- Secured 3rd prize in 36th Karnataka state Yogasana Championship in 2016.
- Secured 1st place in Karnataka state Amateur Yogasana sports championship continuously for 3 years from 2020-2022.
- Secured 3rd place in national Yogasana championship by yoga Federation of India in the year 2021.
- Secured 3<sup>rd</sup> place in International level Yogasana photo contestoga competition in 2021.
- Successfully participated in Bhramari pranayama competition organized by international Naturopathy organization. Surya foundation is collaboration with Murarji Desai vocational institute of yoga and vocational institute of Naturopathy ministry of AYUSH Government of India on occasion of International yoga day 2021. SECURED FIRST in Karnataka state in which 32 states were participated with more than 25,000 participants.



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**CELEBRATION OF INTERNATIONAL YOGA DAY 21-6-2022**



**Photo 1: Students attending International Yoga Day**



**Photo 2 : Students doing basic asana on account of International Yoga Day**

*[Handwritten Signature]*

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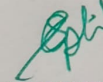
**Photo 3 : Students doing basic asana on account of International Yoga Day**

*SPW*

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## Report

The college celebrated International Yoga Day on 21-06-2022. Smt. Laxmi Gantannavar, Yoga Teacher and Smt. Savitri Shettemmanavar, National Yoga Referee were the Guest on the occasion. Smt. Laxmi Gantannavar, spoke on importance of yoga in students' life and how it helps in developing concentration power, physical and mental fitness. More than 70 students participated. Smt. Savitri Shettemmanavar, National Yoga Referee, spoke on the correct method of practicing yoga along with the breathing pattern, she also made students to practice some basic asanas and chanting of omkar on the occasion. More than 70 students participated in the celebration.



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# CELEBRATION OF INTERNATIONAL YOGA DAY

Date: 21-6-2022

Time: 8.30 am.

Sl. No	Name of the participant	Signature
1)	Soumya R. Pujari	S.R. Pujari
2)	Chaitra Y. Humberi	CH
3)	Poornima Pawar XX	Pawar
4)	Netravati H. Amatnavar	Netravati
5)	Asharani J.	A.S.
6)	Vedavati Lamani	V.L.
7)	Sauita. Hiremath	S.H.
8)	Shruti M. Mallikharavan	S.M.
9)	Meghana. M. Kulkarni	M.K.
10)	Saraswati S.D	S.S. Daddamani
11)	Malasari M. Nadagori	M.N.
12)	Shweta S. Bhajantri	S.B.
13)	Nirvesha S. Rao	N.S.
14)	RAJESH SHETI	R.S.
15)	Nagaprasad. E.T	N.E.T.
16)	Venkatesh. V.V	V.V.
17)	Sanjeev B. Kumbhar	S.B.
18)	Shivakumar. H. Mallopur	S.H.
19)	Shashikhar. V. Gundinamani	S.V.
20)	Ranganath. S	R.S.
21)	Siddharath M.D	S.M.D.
22)	Ramesh V Daddamani	R.V.
23)	Ameersab. T. Nadat	A.T. Nadat
24)	Vinayab. Kamble	V.K.
25)	Ajay Chalawadi	A.C.
26)	Dhanajaya. Subya. Nutt	D.S.
27)	Bharat N. Gaudigavadi	B.N.
28)	Manjunath. Hanbate	M.H.
29)	Siddharth Dhurannavar	S.D.
30)	Ranganathar. S	R.S.



Sl. No. Name of the participant Signature

31 Lalappa P Lamani



32 Bhavya N Nayak



33 Meshana T. Aodwal



34 Palnil Pattar





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